



"I was born in this house and I will stay here until I'm unable to any longer."



Rural/ Urban Reflections of our communities

RURAL/URBAN is a Photovoice project exhibiting the work of two groups of seniors from Hamilton, Ontario. One group lives in the Flambrough and Waterdown area and the other group calls Hamilton's downtown core home.

Participants utilized photography to explore and reflect on a number of themes - including isolation and wellness. Citizens took their cameras into their homes, care facilities and around their communities. They photographed each other, their families, friends and surroundings to present images and ideas relevant to all seniors.

While each group lives in a different part of the city, they present

together to help raise awareness of experiences and issues that affect all elderly today. This booklet combined with the exhibit is a selection of those experiences.

RURAL/URBAN is a community media development initiative of the CommunityCentre for Media Arts, with support from the Ontario Trillium Foundation and the City of Hamilton.

For more information please visit photovoice.ca.







ORURAL GROUP

Name Flamborough Seniors

Number of Participants

Age Range 60 +

Group Description

These seniors are members of a church in Flamborough. Photography has been a way for them to identify and express challenges they face as a result of their geographic situation.



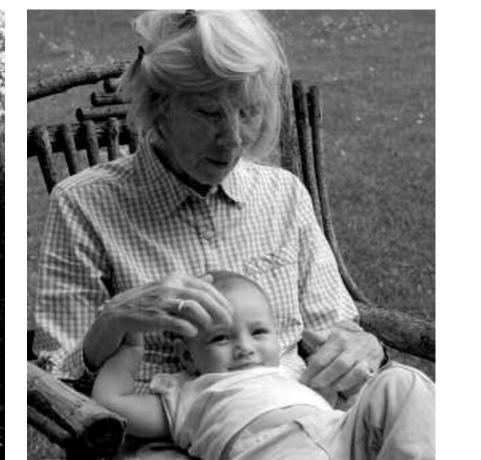




"I have always been so active in the community but now the world must come to me.

I like my new home but miss my independence, my friends and my church community."









"Leaving your home is hard.

Another hard thing about being a
senior is having to give up your home.
The changes of friends and familiar
places. Having to start
all over again."





"Always listen to those who are older than you. They have experiences and stories we can all learn from."



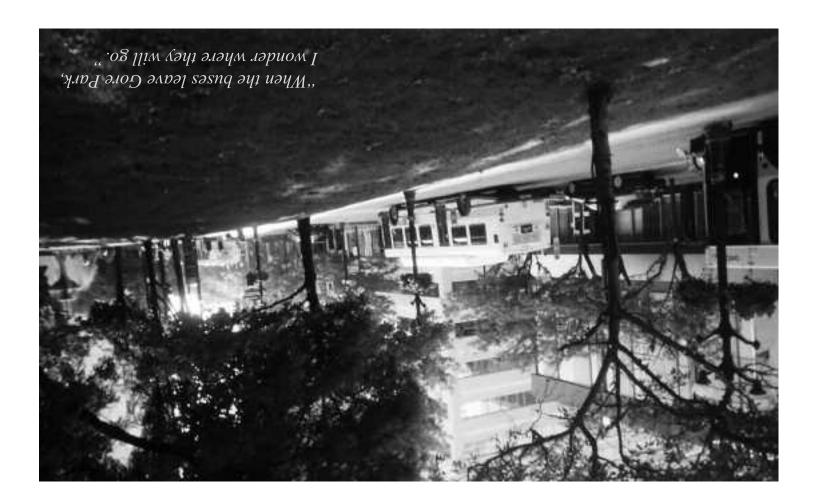


"The Freeway is my favourite place in town. I have met so many friends there."

"I listen and learn from my city and friends every day."









OURBAN GROUP

Name Freeway Seniors

Number of Participants

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Group Description
This group of seniors live in the urban core of the city. They meet at the Freeway Coffee House to share each other's company while engaging in activities, most recently photography.



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Reflections of our communities **Kural/Urban**

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