



## **Elder Consent Form** **Prevention and Preservation - Digital Stories and Diabetes Prevention**

**Location:** (ONE OF TWO RESEARCH WORKSHOPS)

**Date & Time:** XX-October 2012 and XX August 2013

### **Introduction for Participants**

You are being invited to participate in two workshops related to the development of digital stories, part of a project entitled: Prevention and Preservation - Digital Stories and Diabetes Prevention. Building on the success of the Digital Harvest project from two years ago this research project will expand the number of youth and elders engaged in and trained in digital stories collection. You are being invited to participate in this project because of your practical knowledge and experience.

If you agree to participate in this project you will mentor youth in systematically documenting your knowledge of one of the 3 cultural groups on Vancouver Island (Coast Salish, Nuu-chah-nulth, Kwakwaka'wakw). Specifically, determining the most effective practices for transmitting cultural knowledge related to nutrition, traditional foods, and/or healthy lifestyles to other youth and to your communities.

### **Purpose and Objectives**

Through the collection of digital stories related to health, lifestyle and community history, this project will focus on enhancing intergenerational knowledge sharing and connection to community and supporting the promotion of healthy lifestyles.

### **What is Involved**

Participation in this project will involve attending two workshops (3 days total) and spending time with youth as they collect images to create a digital story. If you agree to voluntarily participate in this research you will meet with a group of 10-20 people, including other youth, elders and facilitators for a first 2 day workshop and later a one day workshop. In the workshops you will have the opportunity to learn about and discuss some of the issues related to food, food security, traditional foods and the effects of colonial history on food gathering practices on Vancouver Island. You will also gain skills in 'photovoice', a method of taking photos representative of community food practices and healthy lifestyles and in the production of digital stories. After the workshop you will work with a youth to create your own digital story(ies). Once the images are collected you will attend a final one day workshop in which all the digital stories will be put together, presented and analyzed. Discussions in the workshops will be audio-taped and kept for the duration of the research project. The tapes of the discussions will be transcribed.

### **Time Commitment**

Participation in this study may cause some inconvenience to you, primarily your time. It is impossible to say exactly what the time requirements for your participation in this research project will be, although it is expected it will include 3 days of workshops, at least 4 hours for image collection/photography and possibly additional time for involvement in the exhibition or presentation of your digital stories. This project will take place between August 2012 and Dec 2013.

### **Risks**

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There are minimal risks to you associated with your involvement in this research. These risks may include a lack of anonymity if you choose to have yourself featured in a digital story or a lack of privacy when topics around food, cultural practices and lifestyles are discussed within a group setting.

### **Benefits**

Systematically documenting the knowledge of elders and community members and determining the most effective practices for transmitting cultural knowledge related to nutrition, traditional foods, and/or healthy lifestyles to other youth and to your communities has the potential to benefit many.

### **Compensation & Voluntary Participation**

As a way to compensate you for any inconvenience related to your participation, all travel costs associated with the workshops as well as food costs will be covered. You may also receive an honorarium if you have a greater role than that described above. Your participation in this research must be completely voluntary. If you do decide to participate, you may withdraw at any time without any consequences or any explanation. If you do withdraw from the study, your data will only be used if you give permission for its use.

### **Anonymity, Privacy & Confidentiality**

In terms of protecting your anonymity, it will be your choice as to whether you choose to be featured in a digital story or prefer to collect only the photos and voices of others. You can choose a pseudonym for all references made to the information you provide, It will be your choice where a digital story featuring you is shared. *Vancouver Island University is accountable for all information collected, used or disclosed for this study.*

In terms of protecting your privacy, you are reminded to be careful regarding the information you choose to share in group discussions regarding food, cultural practices and lifestyle. Although researchers will keep discussions private and will ask that the privacy of all be maintained, they cannot guarantee privacy of discussion. You are reminded to safeguard yourself by not sharing information that would be personally detrimental if shared outside of the discussion. Your confidentiality and the confidentiality of the data will be protected by ensuring that all data from the interviews are stored in password protected computer files, however if you choose to share your stories on line, please note that it may not be possible to maintain confidentiality (see footnote 2 on the next page for details.)

### **Gathering of Data**

These digital stories contain data gathered about the experiences of participants, by teams of fellow participants. Your data will not be gathered in any way unless you agree. Data gathered may include: written stories or descriptions from participants, audio recordings of participants, photos of participants or short videos of participants.

Please put your initials on the line provided only if you agree to the gathering of this type of information to be used for digital stories:

Written stories \_\_\_\_\_ Audio recordings \_\_\_\_\_ Photos \_\_\_\_\_ Video recordings \_\_\_\_\_

### **Dissemination of Results**

Your name will not appear in any of the disseminated material unless you want your name shared. You will have the option of using a pseudonym if desired. It is anticipated that the digital stories created in this study will be shared with others in a number of ways.

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Please put your initials on the line provided only if you agree to the digital stories being shared upon completion in the following ways:

With other participants \_\_\_\_\_ Community presentations and exhibits \_\_\_\_\_<sup>2</sup>

Scholarly presentations \_\_\_\_\_ Scholarly publications \_\_\_\_\_

On-line sharing and networking, communications (e.g. Facebook<sup>1</sup>) \_\_\_\_\_

Posting and sharing of Videos/pictures on YouTube and/or Facebook<sup>2</sup> \_\_\_\_\_

*Posting your information to a social media site means that you give up control of the information. You will not be able to remove or delete it from the site and its future use is beyond your control.*

**Disposal of Data**

All paper records will be shredded and destroyed after five years, but electronic files will be stored indefinitely to ensure the transfer of knowledge continues. Digital stories stored on-line through YouTube will be stored in perpetuity, open for all to see and stories stored through VICCIFN will be stored indefinitely, unless participants request for stories to be taken down.

**For Further Information**

Individuals that may be contacted regarding this study include Sarah Fletcher (250-818-0471) and Jennifer Mullett (250-740-6618).

If you have any concerns about your treatment as a participant in this research, please contact the VIU Research Ethics Officer, by telephone at 250-753-3245 (ext. 2665) or by email at [reb@viu.ca](mailto:reb@viu.ca) or VIHA Ethics - VIHA research ethics office by telephone at 250-370-8620 or by email at [margo.farren@viha.ca](mailto:margo.farren@viha.ca)

Your signature below indicates that you understand the above conditions of participation in this study, that you have had the opportunity to have your questions answered by the researchers, and that you agree to participate in this research project.

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<i>Name of Participant</i>	<i>Signature</i>	<i>Date</i>
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***A copy of this consent will be left with you, and a copy will be kept by the researcher.***

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<sup>1</sup> Participants may decide as a group to start a Facebook page as a communication and networking tool

<sup>2</sup> Please note that posting stories on YouTube and Facebook exposes participants to a certain amount of risk, as stories can be freely shared, stories are open for all to see, in perpetuity. Also, these sites store information on US-based servers, making content subject to US laws. Risks will be discussed in the workshops and minimized as efforts will be made to ensure no sensitive, personal information is presented in stories that are posted to these sites. All participants will be given the opportunity to review and approve stories before they are posted. The ability to comment on YouTube videos will also be removed to mitigate the possibility of unwanted commentary. The advantage of YouTube and Facebook is that it increases the accessibility of the stories, increasing their audience and potential impact.